

KLAC BULLETIN 18/09/2015

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President's Message

Our first morning of competition last Saturday ran smoothly thanks to a combination of sunny conditions and the willing assistance of so many parents. Little Athletics does have a heavy dependence on parent help but the fun and healthy benefits the children gain from being involved make the efforts from everyone very worthwhile.

There is always a lot going on at KLAC. I encourage parents (and athletes) to read the Newsletters, keep an eye on the website and talk with their Age Managers so you can stay up to date with information on gala days, training and competition. With many changes to our procedures still being implemented opportunities still exist for parents wanting to become more involved. If that is you then please come and have a chat!

The school athletics season is now coming to a conclusion with just the State and National Championships still to be held at Primary and Secondary level. It has been very pleasing to hear of, and in some cases see, so many excellent performances by KLAC athletes during the lead up carnivals.

The Week 2 program of events will be in use this Saturday. There will be 8am events for the 13-17s and Walks events (optional) for the 10-17s at 8:30am.

Set-up will commence at 7am with **U11s** rostered to assist our regular crew. This week it is the **U10s** assigned to staffing the BBQ and canteen.

Throughout the morning all parents are asked to assist when and where help is required. Please note that at least one parent / guardian from every family with children competing must be in attendance throughout the morning and able to assist with duty at least every second week.

John McFadden

Parent Duty Roster 19th September

U11 parents – Set up Duty from 7am

U10 parents – Canteen and BBQ

All other parents – Event and age group duty

Coaching Schedule

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Coaching will begin as follows:

Thursdays - Sprints - 4.30pm

Monday 21st September - Walks - 4.30pm

Wednesday 23rd September - High Jump - 4.00pm

Middle Distance - 5.30pm

To be Confirmed

General Training

Hurdles

Long Jump

Throws

Special General Meeting of Ku-ring-gai Little Athletics Centre Inc.

A Special General Meeting (SGM) of Ku-ring-gai Little Athletics Centre Inc. is to take place on Wednesday 21st October 2015 from 8.00pm in the St Ives Library Meeting Room, north side St. Ives Village Shopping Centre, St. Ives. All our Centre members are entitled to attend this SGM. Membership of the Centre includes our Executive Council, Life Members of the Centre and all parents of children presently registered with Ku-ring-gai Little Athletic Centre Inc.

The sole item on the SGM agenda is to consider a proposed Constitution that is now required following a number of legal changes relating to organisations such as Ku-ring-gai Little Athletics Centre Inc. and constitution changes in governing bodies that impact on our operation as a Centre.

Our proposed Constitution can be sighted via our web site klac.org.au and we invite all of our members to access it. The proposed Constitution has already been circulated to all Executive Council (EC) members and no objection has been raised

This SGM is being arranged in accord with our existing Constitution and therefore requires a quorum to be present so please take a note of this meeting and respond a little nearer the date when asked to confirm that you will be able to be present.

Please note that the regular monthly meeting of our Executive Council will follow the conclusion of the SGM. Non EC members will not be expected to stay for this meeting but would be welcome if they wish to do so.

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