

Zone records held by Ku-ring-gai athletes

U7G	200m	Eva Bates	35.33s	2012/13
U7G	500m PS	Abbey Rockliff	1m46.6s	2008/09
U7G	Long Jump	Alexandra Conroy	3.21m	1990/91
U7G	Shot Put	Bettina Woodward	5.96m	1990/91
U8B	60mH	Riley Hemsworth	10.82s	2011/12
U8B	Long Jump	Benn Rintala	3.99m	1993/94
U8B	Shot Put	Jack McFadden	8.61m	2009/10
U8B	Discus	Christopher Burnett	27.48m	1992/93
U8G	400m	Eva Bates	1m15.11s	2013/14
U8G	700mPS	Abbey Rockliff	2m23.4s	2009/10
U9B	60mH	Riley Hemsworth	10.19s	2012/13
U9B	Discus	Jack McFadden	32.01m	2010/11
U9G	70m (eq)	Alice Wilson	10.5s	1998/99
U9G	100m	Alice Wilson	14.8s	1998/99
U9G	400m	Abbey Rockliff	1m11.5s	2010/11
U9G	800m	Abbey Rockliff	2m37.0s	2010/11
U10B	70m	Samuel Mete	10.0s	2004/05
U10B	60mH	Samuel Mete	9.9s	2004/05
U10B	400m	Ryan Boot	1m06.4s	2007/08
U10B	60mH	Samuel Boot	9.9s	2004/05
U10B	100mWalk	Cameron Williams	5m47.2s	1999/00
U10B	High Jump	Robert Currer	1.40m	1999/00
U10G	400m	Abbey Rockliff	1m06.56s	2011/12
U10G	800m	Abbey Rockliff	2m28.38s	2011/12
U10G	1500m	Abbey Rockliff	4m28.38s	2011/12
U10G	High Jump	Corrinne Zibell	1.3m	1999/00
U11B	60mH	Samuel Mete	9.5s	2005/06
U11B	100m	Samuel Mete	13.6s	2005/06
U11B	1100mWalk	Harrison Mavin	5m56.26s	2011/12
U11B	High Jump	Thomas Cheel	1.57m	2007/08
U11G	60mH	Mia Hemsworth	9.84s	2012/13
U11G	800m	Abbey Rockliff	2m27.39s	2012/13
U11G	1500m	Abbey Rockliff	5m00.58s	2012/13
U11G	High Jump	Sarah Lingard	1.48m	1994/95
U12B	400m (eq)	James McFadden	1m02.4s	2009/10
U12B	800m	Robert Dickinson	2m19.58s	2011/12
U12B	Shot Put	Kevin Yang	12.06	2012/13
U12B	Discus	Cameron McEntyre	39.82m	2010/11
U12B	Javelin	Jack McFadden	31.88m	2013/14
U12G	60mH	Annaliese Gardiner	9.5s	2004/05
U12G	100m	Annaliese Gardiner	13.1s	2004/05
U12G	200m	Annaliese Gardiner	26.7s	2004/05
U12G	800m	Abbey Rockliff	2m19.89s	2013/14
U12G	1500m	Abbey Rockliff	4m48.39s	2013/14
U12G	Long Jump	Annaliese Gardiner	5.04m	2004/05
U12G	Triple Jump	Lisa Antill	10.72m	1994/95
U12G	Shot Put	Louise Quire	12.05m	2000/01
U13B	High Jump	Richard Baird	1.78m	1994/95
U13B	Javelin	Cameron McEntyre	43.2m	2011/12
U13G	80m H	Imogen Breslin	12.78s	2013/14
U13G	800m	Eugenie Austin	2m23.2s	1991/92
U13G	Long Jump	Katherine Hepburn	4.96m	1991/92
U13G	High Jump (eq)	Sarah Lingard	1.59m	1996/97
U14B	200m (eq)	Ivan Scannell	24.7s	1998/99
U14B	1500mWalk	Aidan Kerr	6m57.33s	2012/13
U14B	3000m	Joshua Phillips	9m43.89s	2012/13
U14B	Javelin	Cameron McEntyre	55.84m	2012/13
U14G	80mH (eq)	Ellie Maxton	13.0s	2005/06
U14G	800m	Catherine Miller	2m15.05s	2013/14
U14G	1500m	Catherine Miller	4m38.51s	2013/14
U14G	3000m	Thea Welsby	10m32.1s	2006/07
U14G	High Jump	Virginia Young	1.67m	1989/90
U14G	Triple Jump	Lisa Antill	11.13m	1996/97
U14G	Discus	Louise Quire	36.08m	2002/03
U14G	Shot Put	Louise Quire	12.29m	2002/03
U15B	800m	Lachlan Renshaw	2m02.3s	2001/02
U15B	Javelin	Cameron McEntyre	61.62m	2013/14
U15G	400m	Sianne Toemoe	58.0s	2003/04
U15G	800m	Sianne Toemoe	2m14.2s	2003/04
U15G	1500mWalk	Nicole Fagan	7m03.7s	2003/04
U15G	Triple Jump	Lisa Antill	11.44m	1997/98
U15G	Shot Put	Jane Jamieson	13.34m	1989/90
U15G	Javelin	Georgia Swinton	31.00m	2012/13
U17B	110mH	Jack McArdle	14.76s	2012/12
U17G	Javelin	Georgia Swinton	30.45m	2013/14