



THE BANNO WEEKLY

Ku-ring-gai Little Athletics Newsletter

16 October 2015

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AGE GROUP ROSTER THIS WEEK

BBQ/CANTEEN: U8s

SET UP (7am please): U10s

HEADS UP!!!!

Please advise our secretary re attendance at special general meeting – see details below

THIS WEEK'S EVENTS (SAT OCT 3)

7.00 am	Set up – check roster above	Bannockburn Oval
8.00 am	Early events – check this week's program	Bannockburn Oval
8.45 am	KLAC comp (WEEK 4 PROGRAM)	Bannockburn Oval

UPCOMING EVENTS

Wed Oct 21, 8.00 pm	Special General Meeting	St Ives Library Meeting Room
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FROM THE PRESIDENT

Every organisation has policies and procedures. KLAC is no different but we do try to keep it all as low key as possible. What we do focus on is keeping everyone's experience of Little A's a safe and enjoyable one. Now we have a few competition mornings behind us it is time to give everyone a few reminders:

- Only parents and guardians signed on in an official duty may be on the oval. All those not signed on for a duty must stay outside the competition areas.
- At all times the centre area of the oval is out-of-bounds to everyone other than the designated Track and Field Officers. If you are moving about the competition area please do so via the outside of the circular track.

...and our supporters: **Café 2 U** coffee van onsite at Bannockburn oval

[Calendar](#)

[Training details](#)

[Wet weather](#)

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- Animals, whether on a leash or not, are not permitted in any competition areas.
- A parent or guardian from every family with a child competing should be present. We understand that circumstances can give rise that make this not possible but in those instances we ask that your child knows your contact details.
- Everyone at KLAC is a volunteer and many of those volunteers give very generously of their time to facilitate Little Athletics at Ku-ring-gai. They never claim to be perfect nor beyond question. What I do ask though is that before any matter is raised just take a moment to consider every aspect of the issue, think solution not problem, and remember volunteering is far more productive than complaining.

Now, back to the good stuff!

I saw and have heard of some great performances by KLAC athletes at the Primary and Secondary Schools' State Championships over the past week and a bit. Well done to all those who competed.

This Saturday we will have the Week 4 program in use. Optional early events for some age groups so please check your Handbook for details. Warm-up led by the Teen Athletes will commence at 8:45am with regular events to commence after. Set-up from 7am for all our regulars plus anyone keen to assist.

Set-up: Under 10s

Canteen / BBQ: Under 8s

John McFadden

President

Special General Meeting of Ku-ring-gai Little Athletics Centre Inc.

As a quorum is required to hold this SGM it would be greatly appreciated if all members who are available and willing to attend could advise our Secretary, Paul Duffell ASAP either on 9449 4831 or via phduffell@gmail.com or to him in person this Saturday morning.

A Special General Meeting (SGM) of Ku-ring-gai Little Athletics Centre Inc. is to take place on Wednesday 21st October 2015 from 8.00pm in the St Ives Library Meeting Room, north side St. Ives Village Shopping Centre, St. Ives. All our Centre members are entitled to attend this SGM. Membership of the Centre includes our Executive Council, Life Members of the Centre and all parents of children presently registered with Ku-ring-gai Little Athletic Centre Inc.

The sole item on the SGM agenda is to consider a proposed Constitution that is now required following a number of legal changes relating to organisations such as Ku-ring-gai Little Athletics Centre Inc. and constitution changes in governing bodies that impact on our operation as a Centre.

Our proposed Constitution can be sighted via our web site klac.org.au or directly from this link <http://klac.org.au/wp-content/uploads/sites/48/2013/10/KLAC-Constitution-2015.pdf> and we invite all of our members to access it. The proposed Constitution has already been circulated to all Executive Council (EC) members and no objection has been raised

This SGM is being arranged in accord with our existing Constitution and therefore requires a quorum to be present so please take a note of this meeting and respond a little nearer the date when asked to confirm that you will be able to be present.

Please note that the regular monthly meeting of our Executive Council will follow the conclusion of the SGM. Non EC members will not be expected to stay for this meeting but would be welcome if they wish to do so.

TRAINING UPDATE

Wednesday General Training for **all** athletes from 4.30 - 6.00pm.

Specialist training Sessions for **U9** Athletes and above (**U10** and above for High Jump)

Walks - Monday 4.30pm

High Jump - Wednesday 4.00pm

Middle Distance - Wednesday 5.30pm

Sprints - Thursday 4.30pm