

## **KLAC NEWSLETTER 12/01/2017**

Welcome back to the second half of the 2016/17 Little Athletics Season at Ku-ring-gai. I hope you've all had a relaxing Christmas and that the New Year is off to a great start. We also extend a very warm welcome (no weather pun intended!) to the families joining us from Northern Suburbs LAC while their ground undergoes a major refurbishment. It was about 41yrs ago that the 'Pymble Club' formed to join the likes of other sub-clubs such as Highfield, Lindfield, Artarmon, Greenwich, Rangers and Narremburn amongst others at the then recently established Northern Suburbs LAC. With some 150 members the Committee at Norths felt they wouldn't be able to accommodate the Pymble Club so suggestion was made that they form a new Centre. With overflow from Hornsby LAC, which at the time was a very strong Centre, our Ku-ring-gai LAC came into being!

The annual Trans-Tasman Challenge is on this Sunday at Campbelltown. Our best wishes for a fun and successful carnival to James Harden, Lachlan Herbert, Jed Wigley, Aidan Jones and Brianna Worsfold (KLAC) and Mia Marshall, Ethan Quintana, Sophia Archer and Maddie Gregg (NSLAC) as they represent LANSW against the athletes representing Auckland Little Athletics.

Competition will resume this Saturday 14 January with the Week 3 program in use. Set-up from 7am and with a number of our regulars away I ask that as many parents as possible get to the ground early to assist please. Just the one early event with Javelin (off oval) commencing at 8am for the 13s. All other athletes can assemble at the base of the paved area to meet their Age Manager for warm-up from 8:30am. We will need all parents to assist with duties so please sign-on and be ready so the regular program of events can get underway by 8:45am. As is always the case parent helpers are asked to return equipment to the shed as each event area concludes for the morning.

Canteen, BBQ and coffee van will be operating as usual. I also believe the team from The Athlete's Foot, St Ives will be attending with a range of athletics and back-to-school footwear. Sorry for mentioning that kids!

A reminder re parking at Bannockburn Oval. Please always do so in a legal manner and with consideration for residents' ability to safely enter or leave their property.

There is some rain forecast for Saturday. Any decision to modify or cancel competition will be posted on the KLAC website by 7am on Saturday.

Wednesday General training will not recommence for a few more weeks. Specialist sessions will return next week, but please check the website for times and updates.

John McFadden  
KLAC President