

Achievement Levels

GIRLS

Event	Level	6	7	8	9	10	11	12	13	14	15	17
100m	Blue	22.2	20.2	19.2	18.0	17.2	16.4	15.9	15.3	14.4	14.0	13.8
	Red	23.0	21.5	20.4	18.9	18.2	17.3	16.8	15.9	15.6	14.5	14.3
	Yellow	24.2	22.9	21.6	19.9	19.2	17.9	17.7	16.8	16.4	15.4	15.2
	Green	27.0	25.4	24.2	22.1	21.2	19.5	19.2	18.2	17.2	16.9	16.6
60mH - 100mH	Blue			14.1	13.3	13.8	13.3	13.2	17.9	15.5	16.5	17.8
	Red			15.2	13.9	14.7	14.0	14.2	19.2	18.4	17.8	19.8
	Yellow			16.6	14.9	15.6	14.7	15.1	20.2	19.8	20.8	22.8
	Green			20.7	17.3	18.3	16.5	16.0	21.8	21.2	22.3	24.3
70m, 200mH	Blue	15.0	14.0	13.3	12.8	12.1			36.8	34.9	33.5	32.7
	Red	16.0	14.9	14.1	13.5	12.9			39.2	38.3	35.6	34.8
	Yellow	17.0	15.7	15.0	14.2	13.6			42.0	41.7	38.6	37.8
	Green	18.4	17.7	16.5	15.6	14.5			44.0	43.5	42.3	41.5
200m	Blue	49.0	44.6	41.7	39.7	37.7	35.9	34.5	32.6	31.8	30.2	29.0
	Red	51.2	48.3	45.6	42.5	39.6	37.7	36.3	34.9	34.1	31.6	30.0
	Yellow	54.5	52.5	49.2	44.9	42.8	39.8	38.8	37.0	36.8	35.1	33.0
	Green	59.9	59.5	56.5	53.6	46.9	43.0	42.3	40.7	39.5	39.0	37.0
400m	Blue			1:39	1:36	1:31	1:26	1:24	1:17	1:15	1:13	1:10
	Red			1:46	1:43	1:39	1:31	1:30	1:24	1:22	1:22	1:20
	Yellow			1:56	1:50	1:47	1:36	1:35	1:32	1:31	1:30	1:29
	Green			2:19	2:07	1:54	1:46	1:42	1:40	1:39	1:38	1:37
800m	Blue				3:40	3:30	3:24	3:12	3:01	2:58	2:52	2:45
	Red				3:53	3:48	3:41	3:30	3:18	3:14	3:08	3:00
	Yellow				4:15	4:04	3:58	3:49	3:36	3:32	3:25	3:18
	Green				5:04	4:40	4:27	4:25	4:14	4:09	4:01	3:52
50m, 1500m	Blue	11.0	10.1			7:07	6:53	6:26	6:14	6:07	5:56	5:45
	Red	11.6	10.8			7:46	7:30	7:04	6:51	6:43	6:31	6:19
	Yellow	12.2	11.5			8:09	8:04	7:42	7:28	7:19	7:06	6:53
	Green	13.2	12.5			9:18	9:15	8:44	8:28	8:18	8:03	7:48
Pack Start, 3000m	Blue	1:27	2:19	3:14					15:02	14:24	13:58	13:34
	Red	1:32	2:29	3:32					16:31	15:49	15:21	14:55
	Yellow	1:37	2:42	3:49					18:00	17:14	16:43	16:20
	Green	1:46	3:10	4:50					20:24	19:33	18:58	18:25
Walk	Blue				5:06	7:58	7:43	10:51	10:44	10:23	10:06	9:51
	Red				5:18	8:27	8:16	11:23	11:20	10:58	10:40	10:25
	Yellow				5:37	9:03	8:43	12:16	12:08	11:44	11:25	11:07
	Green				6:10	9:42	9:28	12:52	12:35	12:10	11:50	11:31
High Jump	Blue				0.95	1.00	1.10	1.15	1.25	1.35	1.40	1.45
	Red				0.90	0.95	1.00	1.10	1.20	1.25	1.35	1.40
	Yellow				0.85	0.90	0.95	1.05	1.15	1.15	1.25	1.30
	Green				0.80	0.85	0.90	1.00	1.05	1.10	1.20	1.25
Long Jump	Blue	2.05	2.35	2.65	2.95	3.10	3.40	3.55	3.85	4.20	4.50	4.70
	Red	1.90	2.10	2.45	2.65	2.85	3.15	3.30	3.55	3.90	4.15	4.38
	Yellow	1.60	1.85	2.15	2.40	2.65	2.85	3.15	3.25	3.40	3.75	4.05
	Green	1.20	1.45	1.75	2.05	2.25	2.55	2.80	2.80	3.00	3.30	3.60
Triple Jump	Blue								8.30	8.80	9.15	9.45
	Red								7.05	7.80	8.70	9.00
	Yellow								6.55	6.75	7.80	8.15
	Green								5.90	6.10	6.90	7.50
Discus	Blue	6.20	7.80	9.00	10.70	12.75	12.90	15.50	17.30	17.60	18.20	19.80
	Red	5.00	6.50	7.10	9.00	10.80	11.40	13.20	15.00	14.70	16.15	17.80
	Yellow	4.00	5.40	6.00	7.60	9.00	10.05	11.10	12.85	12.00	14.80	16.80
	Green	3.20	4.40	4.50	5.60	7.25	7.90	9.20	10.55	10.90	11.20	14.00
Shot Put	Blue	3.00	3.70	4.20	4.75	5.20	5.80	6.80	6.45	7.45	7.85	7.90
	Red	2.70	3.20	3.65	3.95	4.45	5.30	6.00	5.70	6.30	6.90	7.00
	Yellow	2.30	2.80	3.20	3.50	4.10	4.70	5.25	5.20	5.75	6.40	6.50
	Green	1.80	2.20	2.45	2.80	3.30	4.00	4.45	4.10	4.80	5.35	5.40
Javelin	Blue								15.00	20.00	16.00	18.00
	Red								10.10	16.50	13.00	14.00
	Yellow								8.65	12.00	11.00	11.50
	Green								6.00	10.00	9.00	9.50

Achievement Levels

BOYS

Event	Level	6	7	8	9	10	11	12	13	14	15	17
100m	Blue	21.0	19.6	18.1	17.0	16.2	16.0	15.2	14.1	13.6	12.7	12.1
	Red	22.5	20.7	19.0	18.0	17.0	16.6	15.9	15.0	14.2	13.1	12.6
	Yellow	23.5	22.2	20.2	19.2	18.0	17.7	16.8	15.6	15.3	14.4	13.6
	Green	26.0	24.8	23.3	22.0	21.2	19.8	18.0	17.1	16.4	15.4	14.7
60mH - 100mH	Blue			13.2	12.4	12.7	12.5	12.2	16.0	16.3	16.3	15.8
	Red			14.0	13.1	13.5	13.3	12.9	17.5	18.6	18.9	17.0
	Yellow			15.0	13.9	14.5	14.2	13.9	18.8	19.8	20.1	18.5
	Green			18.3	15.6	17.3	16.0	15.7	22.6	22.0	22.3	20.7
70m, 200mH	Blue	14.4	13.7	12.6	12.1	11.5			35.5	32.6	32.1	31.6
	Red	15.5	14.5	13.3	12.8	12.1			37.7	35.4	34.2	33.0
	Yellow	16.2	15.4	14.0	13.6	12.8			38.7	38.1	35.3	34.7
	Green	18.2	17.0	16.0	15.4	14.5			41.1	40.7	37.1	36.8
200m	Blue	47.0	43.5	38.7	37.0	35.1	34.5	32.2	30.8	28.0	26.1	25.5
	Red	50.0	46.7	41.6	39.5	37.5	36.5	34.0	32.6	30.5	27.3	26.5
	Yellow	54.0	50.7	46.1	43.0	41.3	38.9	36.3	34.8	31.9	29.9	28.5
	Green	59.0	55.0	53.3	51.5	48.8	44.8	39.3	39.0	34.1	34.1	32.0
400m	Blue			1:32	1:27	1:24	1:21	1:16	1:13	1:06	1:00	0:55
	Red			1:40	1:37	1:31	1:27	1:23	1:19	1:13	1:05	1:01
	Yellow			1:49	1:44	1:38	1:35	1:28	1:26	1:18	1:12	1:08
	Green			2:05	2:05	1:56	1:50	1:42	1:35	1:24	1:22	1:15
800m	Blue				3:23	3:15	3:06	2:54	2:50	2:43	2:37	2:32
	Red				3:35	3:27	3:22	3:08	3:04	2:56	2:49	2:43
	Yellow				3:54	3:45	3:38	3:18	3:13	3:05	2:58	2:52
	Green				5:04	4:38	4:16	3:50	3:45	3:35	3:27	3:20
50m, 1500m	Blue	10.5	9.8			6:37	6:11	5:57	5:53	5:44	5:35	5:26
	Red	11.1	10.4			7:06	6:42	6:36	6:31	6:22	6:12	6:03
	Yellow	11.7	11.0			7:56	7:13	7:00	6:55	6:45	6:34	6:25
	Green	12.7	12.0			9:30	8:03	8:00	7:54	7:43	7:30	7:10
Pack Start, 3000m	Blue	1:23	2:12	2:58					12:58	12:41	12:14	11:40
	Red	1:30	2:19	3:12					14:23	14:04	13:34	13:05
	Yellow	1:36	2:32	3:29					15:15	14:55	14:23	13:50
	Green	1:45	2:55	4:10					17:26	17:03	16:26	15:40
Walk	Blue				4:59	7:47	7:26	10:26	10:09	9:43	9:17	8:45
	Red				5:15	8:22	8:10	10:46	10:29	10:02	9:34	9:05
	Yellow				5:33	9:05	8:38	11:20	11:02	10:34	10:05	9:35
	Green				6:06	9:50	9:37	12:30	12:10	11:39	11:07	10:38
High Jump	Blue				1.00	1.10	1.15	1.30	1.35	1.50	1.55	1.60
	Red				0.95	1.00	1.05	1.20	1.25	1.35	1.45	1.50
	Yellow				0.90	0.95	1.00	1.10	1.15	1.30	1.40	1.45
	Green				0.80	0.90	0.95	1.05	1.10	1.20	1.20	1.25
Long Jump	Blue	2.23	2.60	3.00	3.20	3.55	3.65	4.00	4.20	4.75	5.25	5.50
	Red	2.05	2.30	2.75	2.95	3.30	3.40	3.80	3.90	4.30	5.05	5.25
	Yellow	1.80	2.10	2.45	2.65	3.00	3.05	3.35	3.70	4.00	4.30	4.60
	Green	1.45	1.50	1.90	2.30	2.40	2.55	3.05	3.10	3.65	3.80	4.10
Triple Jump	Blue								8.70	9.70	10.70	11.40
	Red								8.20	8.80	10.20	10.80
	Yellow								7.40	8.00	9.25	9.80
	Green								5.90	7.60	8.35	8.80
Discus	Blue	9.00	11.50	12.60	14.70	15.90	15.45	19.70	19.30	27.10	30.30	28.00
	Red	7.80	9.60	10.10	12.55	13.60	13.45	15.45	15.15	20.65	26.40	23.50
	Yellow	6.20	7.90	8.50	10.75	12.10	11.80	13.75	13.40	16.65	20.35	18.50
	Green	5.00	5.70	5.80	8.60	9.55	9.55	11.20	11.05	12.70	16.85	15.00
Shot Put	Blue	4.10	4.75	5.10	5.50	6.20	6.95	7.00	8.30	10.00	10.20	10.00
	Red	3.30	4.05	4.65	4.90	5.50	6.20	6.25	6.60	8.50	9.20	9.10
	Yellow	2.70	3.40	3.85	4.20	4.75	5.55	5.50	6.00	7.50	8.05	7.90
	Green	2.20	2.50	3.10	3.30	4.15	4.70	4.70	5.00	6.00	6.35	6.30
Javelin	Blue								18.00	25.00	34.00	40.00
	Red								13.70	20.00	26.50	31.00
	Yellow								10.50	15.80	22.50	26.00
	Green								7.50	10.00	14.00	20.00